

## Adult Ed/Small Group Resources Sheridan Lutheran Church

### General Resources for all Groups

#### ***3:16 The Numbers of Hope***

Pastor and author Max Lucado invites you to explore the hope held out in John 3:16, whether you know nothing of the Bible or everything about it. This verse, possibly the most famous in the Bible, encapsulates the essential truths of the Christian faith. Take a life-changing word-by-word journey through this beloved Bible text and be transformed by its simple, powerful message. 12 sessions on DVD plus Leader's guide and participant books

#### ***Alive***

This 2-part DVD video series includes 2 talks by Louie Giglio. The first, ***Fearfully and Wonderfully Made***, explores the human life as a miracle. From the smallest molecule to the most complex systems in the human body, every facet of who you are has been created with miraculous detail. And running throughout each of the teillions of cells in your body is a code that speaks of an incredible truth – that you are fearfully and wonderfully made, formed and ordained by the very hand of God.

The second, ***New Life, New Genes***, considers the fact that in spite of the miraculous details of our bodies, they are ultimately breaking down- a stunning reality considering that within our flesh resides an eternal soul. We look to the cross to discover the life that God offers for our souls is really a spiritual birth that far surpasses everything else in the world.

#### ***Boundaries***

Drs. Henry Cloud and John Townsend teach the basics of setting relationship boundaries to take control of your life. Features: a 9-session, 120-minute video with discussion starters and vignettes; a group-interactive format for enhancing discussion, leader guide and participant book. (VHS)

#### ***Doing Life Together***

This six volume small group Bible Study series features DVD's with easy to follow along study guides. Each unit includes 6 sessions built on The purpose Driven Life paradigm.

***Beginning Life Together*** God never intended for you to do life alone, but to do life together in community. This introductory group study, *Beginning Life Together*, gives you an overview of the five biblical principles that God intends for your life. Get ready - you're about to begin a six-week journey that will give you a taste of the life God created you to live! Teachers featured on Beginning Life Together are Steve Arterburn, Steve Farrar, Doug Fields, Chip Ingram, Anne Ortlund, and Bruce Wilkinson. Harnessing the creativity, flexibility, and convenience of audio-video technology, this groundbreaking series is the first ever to integrate superbly crafted study guides with powerful new-media capabilities and apply them to the unique setting of group Bible study.

***Connecting With God's Family*** These six sessions will help you connect more deeply with Jesus Christ and build genuine relationships with Christian friends. Christ's love makes it possible for you to be known and to know others, to be loved and to love, to resolve conflict effectively, and to move outward together in faith. Teachers featured on Connecting with God's Family are Henry Cloud, Steve Farrar, Doug Fields, John Ortberg, Joe Stowell, and Denise Wendorff. Harnessing the creativity, flexibility, and convenience of audio-video technology, this groundbreaking series is the first ever to integrate superbly crafted study guides with powerful new-media capabilities and apply them to the unique setting of group Bible study.

***Developing Your Shape to Serve Others*** The way you're wired is no accident! God designed your unique mix of gifts, natural abilities, personality, values, and life experiences to play an essential part in his kingdom. These six sessions will help you develop your God-given design at home, at work, at church, and in your community in a way that extends God's love to others and enriches your own life immeasurably. Teachers featured on *Developing Your Shape to Serve Others* are Bruce Wilkinson, Alvin Bibbs, Carol Kent, Erwin McManus, Joe Stowell, and Mike Wilkins. Harnessing the creativity, flexibility, and convenience of audio-video technology, this groundbreaking series is the first ever to integrate superbly crafted study guides with powerful new-media capabilities and apply them to the unique setting of group Bible study.

***Growing to be Like Christ*** Spiritual maturity doesn't happen by accident. The six sessions in this study equip you for the basic habits of spiritual growth: relying on the Holy Spirit, cultivating time in the Bible and prayer, seeing life's obstacles as opportunities for growth, and partnering with Christians who are committed to supporting your growth. Here is a realistic, practical path to growing strong in faith and Christian character. Teachers featured on *Growing to Be Like Christ* are Steve Arterburn, Doug Fields, John Ortberg, Anne Ortlund, Todd Wendorff, and Lance Witt. Harnessing the creativity, flexibility, and convenience of audio-video technology, this groundbreaking series is the first ever to integrate superbly crafted study guides with powerful new-media capabilities and apply them to the unique setting of group Bible study.

***Sharing Your Life Mission Every Day*** It isn't that hard. You need a few skills, a few friends for support, and a glimpse of God's heart for those who don't know him. These six sessions will equip you to extend love to seekers around you and talk about your experience with God in ways that people will understand. God doesn't ask you to do it alone - discover the power that comes from teaming up! Teachers featured on *Sharing Your Life Mission Every Day* include: Erwin McManus, Bruce Wilkinson, John Ortberg, Anne Ortlund and more. Harnessing the creativity, flexibility, and convenience of audio-video technology, this groundbreaking series is the first ever to integrate superbly crafted study guides with powerful new-media capabilities and apply them to the unique setting of group Bible study.

***Surrendering Your Life for God's Pleasure*** What does it mean to surrender to God? These six sessions will help you experience the transforming power of a surrendered life. As you learn to worship Christ throughout your daily life, you will come to trust him with the experiences of your past, the precious things of your present, and your hopes for the future. What are you holding onto? Discover the peace of laying it at God's feet. Teachers featured on *Surrendering Your Life for God's Pleasure* are Henry Cloud, Chip Ingram, Judy Hampton, J.P. Jones, John Ortberg, and Dee Eastman. Harnessing the creativity, flexibility, and convenience of audio-video technology, this groundbreaking series is the first ever to integrate superbly crafted study guides with powerful new-media capabilities and apply them to the unique setting of group Bible study.

### ***Erwin Mcmanus Series***

***Dreams*** A Bible study DVD on trusting our God-given passions and seizing those divine moments.

***Choices*** A life-changing Bible study DVD on what it means to truly live.

***Impact*** A Bible study DVD on how God uses people today to leave their mark.

***Advance***

A Bible study DVD on making the most of opportunities and choosing to "go" instead of saying "no." Each single session study includes simple but thought provoking discussion questions.

### ***Free Market Jesus***

Has Jesus become a product that we can market? A thought provoking 2 part Bible study DVD featuring popular author and speaker Donald Miller (Blue Like Jazz) on culture and how it has shaped the message of Christianity. Discussion questions available.

### ***God is Closer Than You Think***

This 6 session video series shows how you can enjoy a vibrant, moment-by-moment relationship with your heavenly Father. Bestselling author John Ortberg reveals the face of God waiting to be discovered in the complex mosaic of your life. He shows you God's hand stretching toward you. And, with his gift for storytelling, Ortberg illustrates the ways you can reach toward God and complete the connection---to your joy and his. DVD set with leader guide and participant guides.

### ***God Will Make A Way***

There are times in life when you've felt lost or hurt and find yourself asking "Where is God in all of this?" The road gets rough, you don't know which way to run, and it can feel like God is distant. Yet, that's exactly when He can step in and move as you've never seen Him do before. In this best-selling, award-winning series, Drs. Cloud and Townsend introduce eight persuasive principles demonstrating how God enters both the heart-breaking situation and the life of someone looking for more. These principles are then applied to your life so that your relationships will be better, you'll have more control over your life, and your spiritual hunger will be satisfied. Yet *God Will Make a Way* is more than mere hope; it's a reality-tested system that captures God's wisdom for coping with your most difficult problems - from dating and marriage to sex, conflict, parenting, fear, addictions, anger, depression and weight loss. 8 session DVD with leader guide, and books.

### ***Going Public With Your Faith, Becoming a Spiritual Influence at Work***

In this age where "extended family" is a holiday rarity and neighbors remain strangers, the workplace has become the "new neighborhood." Here's a curriculum from William Carr Peel to help everyday Christians learn how to recognize spiritual hunger, stimulate curiosity, and comfortably share Christ with co-workers. This six-session curriculum is a proven approach to evangelism that respects the unique relationships they have with their coworkers, clients, or customers. Includes DVD and VHS presentation, leader's guide, participant's guide, and a copy of the 192-page softcover book. **Sessions**

#### **Include:**

- ⌚ Spiritual Economics
- ⌚ Called to the Workplace
- ⌚ Is Anybody Hungry
- ⌚ Earning the Right to Be Heard
- ⌚ Keep It Simple: From Cultivating to Planting
- ⌚ From Planting to Harvesting

### ***Healing is a Choice***

Wholeness - spiritual, emotional, mental, and physical - is a gift from God. But it's a result of our own decisions, too! Stephen Arterburn outlines a Biblical plan for opening our lives to God's divine touch, and warns against 10 lies that keep many brokenhearted Christians from experiencing healing. This Curriculum includes 10 segments on DVD, Leader guide and workbooks.

### ***He Chose the Nails***

Come closer to the heart of God. Linger at the cross for a while. Gaze inside the empty tomb, and place your hand in Jesus' wounds. What you will find is love, the pure love of God for you. His love has rescued and redeemed you. His love has set you free. All because, He chose the nails. In this thoughtful exploration of the cross, Max Lucado uses his gift for storytelling to communicate the heart of the Gospel. Move the knowledge of God's love from your head to your heart. This in-depth study of the cross includes 12 session VHS, Leader's guide and workbook.

### ***If You Want to Walk on Water, You've Got to Get Out of the Boat***

Far too many of us have put our faith in a casual Christianity that never compels us to leave our

comfort zones. But, deep within our hearts we know that Christ has not called us to comfort, but to an exciting, sacrificial and overwhelmingly fulfilling faith. In *If You're Going to Walk on Water* John Ortberg teaches us how to step out of the "boat" of casual Christianity so that we can faithfully follow the Lord who is calling us out onto the risky, exciting waters of the high seas. Learn how to leave your comfort zone for a remarkable life of faith. Six sessions, DVD plus leader guide and participant books.

### ***Indescribable/How Great Is Our God***

This powerful 2 part message by Louie Giglio was given in conjunction with the Chris Tomlin tour and leaves a huge impact on every audience. Giglio is a master at portraying God's astronomical grace through these image rich journeys through the cosmos. Two 45 minute DVD's with discussion questions.

### ***In the Dust of the Rabbi - Faith Lessons on Becoming a Disciple***

In this 5 session video series, Teacher and historian Ray Vander Laan takes participants through the breathtaking terrain of Israel and Turkey to explore what it really means to be a disciple and follow Jesus. Includes leader guide. (DVD)

### ***Joseph, The Hard Life***

This is a 4 part video series on the life of Joseph and the certain choices he made in his life that helped him overcome every overwhelming obstacle life threw at him. By Rob Duford, founding pastor of Orlando North Community Church, this modern-day cinematic approach to the Joseph story will challenge the group to look to God in times of turmoil. Includes simple, easy to follow discussion guide. (DVD)

### ***Joshua, Be Strong and Courageous***

This is a 4-part video driven Bible study on Joshua and being strong and courageous. Author Todd Phillips is the Teaching Pastor at Frontline in Washington D.C. He uses the familiar Washington landmarks in American history to illuminate the story of Joshua in a way never before experienced and will challenge everyone in your small group. Includes simple, easy to follow discussion guide. (DVD)

### ***Journey of Desire***

Somewhere, destiny lies locked in your heart. The keys of release are your hidden desires. Will you take that journey? Best-selling author, teacher, and counselor John Eldredge is convinced of one simple truth: desire reveals design, and design reveals destiny. The implications are staggering for how we live. It means each of us must reclaim our heart at all cost. It means that the God-given passions we carry within, sometimes so deeply as to be forgotten, must be unearthed and embraced, for they are vital links to the ultimate joy of life as God intended. But knowing we need our heart back is not enough. We need a guide. Full of thought-provoking questions, fresh material, and unique insights, this study will draw you step by step toward the secret of your own heart and will reveal the true you--the person God made you to be. 4 session VHS with discussion guide.

### ***Just An Ordinary Day With Jesus***

Christ entered our broken world to give us life in all its fullness. Not just in pinnacle experiences, but in every situation, every relationship, every activity. As you learn to recognize and welcome Christ's presence into every moment, ordinary days become filled with a tangible sense of God's presence. Suddenly, you are experiencing all of life with God--not just Sundays or "quiet times." Even more, he is transforming you in the process. You begin to experience the kind of ongoing, close connection to God you've longed for. Take the first steps toward that kind of life today. An Ordinary Day with Jesus is

designed to show you how. The practices and teaching detailed by Pastor John Ortberg can literally change your life, one ordinary--extraordinary--day at a time.  
8 sessions with leaders guide. (VHS)

***Just Walk Across the Room, Simple Steps pointing People to Faith***

Building on his bestseller *Becoming a Contagious Christian*, Pastor Hybels shows you how to follow Jesus' model of personal evangelism by "living in 3-D"---developing friendships, discovering stories, and discerning appropriate ways to leave your comfort zone. Learn to share the good news of redemption with people living far from God---and across the room. 4 session DVD with leader's guide and participant's guide.

***Life Resources by Ed Young***

These video resources are messages delivered by Pastor Ed Young

***The Table – Casting the Vision for the Local Church***

Bringing Others to the Table  
Pushing Sway from the Table to Serve  
Accepting Christ's Invitation to the Table

***The House***

Homeless  
Church Cheers

***Comfortable***

Lazy Boy  
Tagged  
Godcast  
Bratwurst

***ineedtochange.com***

Making Change  
Taking Hold  
Ever Mind  
Walking the Path  
Changing Lanes  
Keep the Change

***Live Like You Were Dying***

This 4 session small group material includes a teaching DVD featuring Gary Smalley along with Bible Study guides. 20-day devotional booklets also available for individuals in your group.

***Lutheran Basics***

A 2 DVD set with discussion guide from Mosaic Television a division of the ELCA Communications Division

1. Disk 1 The Lutherans 5 videos that tell the stories of Lutheran giants like Martin Luther, Katie Luther and J.S. Bach plus the story of the great Lutheran migration from Europe to America.
2. Disk 2 The Bible 5 videos that give introductions to Jesus, the Old Testament, New Testament and the Apostle Paul complemented by an account of women in the early church.

***Mosaic Series***

These are single session DVD's on a variety of topics that come out of the ELCA Communications Division.

The Holy Spirit  
The Life of Peter

Ready to Forgive,  
An African Story of Grace  
Holy Communion  
Understanding Fundamentalism

### ***Mary***

**The Life of Mary** is a 4 part video-driven Bible study that unfolds Mary's life and transforms it to a 21st century audience with teaching by Margaret Feinberg. **The Life of Mary** is a 4 part video-driven bible study that unfolds Mary's life and transforms it to a 21st century audience with teaching by Margaret Feinberg. Author of more than 20 books and articles including *Twentysomething: Surviving and Thriving in the Real World*, *Just Married* and *Simple Acts of Faith*, Margaret's insightful discoveries on Mary's unique situation brings to life her fears and struggles.

With powerful lessons and excellent teaching, this bible study examines Mary's life in a way you would never expect. Each clip on this DVD walks down Mary's road of faith as she journeys through a life of unbelievable events that ushers in Jesus Christ. Includes simple to follow study/discussion guide.

### ***Nehemiah***

The **Life of Nehemiah** is 4-part video driven Bible study made for a 21st century audience by comparing the ancient story of Nehemiah's courageous journey to rebuild a city in ruins with the horrific devastation of Hurricane Katrina. With teaching by Marcus "Goodie" Goodloe of the Awaken Ministry team with Erwin McManus and Mosaic in Los Angeles, Goodie unpacks the emotions, vulnerability and challenges Nehemiah tackled as he stood face to face with a decision to risk his life for the sake of trusting God and living in obedience to Him.

With powerful lessons, dramatic clips and excellent teaching, this Bible study will change the way you view Nehemiah. Each clip on this DVD will enhance your small group study in a brand new way. Includes simple to follow study/discussion guide.

### ***Noah***

The Life of Noah is a 4-part video-driven Bible study that communicates the well-known children's story of Noah and the ark to a 21st century audience with teaching by Chris Seay. Pastor of Ecclesia Church in Houston, Texas and author of seven books including *The Gospel According to Tony Soprano*, *The Gospel Reloaded* and *The Last Eyewitness*, Chris expounds on this exciting story of Noah's faith-stretching endeavor to build an ark when the odds seemed against him.

With powerful lessons, dramatic clips and excellent teaching, Chris uncovers the prominent themes of Noah's challenge to stand up for God in a world full of sin and trust God with the task of building the ark no matter how impossible it seemed. Present-day hurricanes and tsunamis provide a modern-day glimpse into the despair caused by the flood, yet God in His faithfulness rescues us from the storms of life. Includes simple to follow study/discussion guide.

### ***Next Door Savior***

This series features dynamic interaction with God's Word as taught by best-selling author Max Lucado. This study gives participants a fresh and powerful understanding of the Word becoming flesh and living among us - our next door Savior. Components of each session are as follows: Open House - A warm-up question or two to facilitate group interaction and to help the group begin thinking about the big idea of the session At Home With Max - a Bible study/discussion introduced by Max Lucado. In this portion of the session, we'll monitor closely the amazing words and mind-boggling works of this man named Jesus who has 'moved into the neighborhood.' What exactly is he up to? Why is he here? What does he want from us? Front Porch Story - an introduction to some real people who have been touched and transformed by the Savior Home Improvement - a few questions for personal application. DVD or VHS, with leader guide and participant guide.

## **Nooma**

Nooma is short films by Pastor Rob Bell. Concise and to the point, 10- to 14-minute DVDs tackle topics like forgiveness, discipleship, and unconditional love, making biblical truths vivid and relevant for today's generation. A great way to spark meaningful discussion in your small group! Each DVD features between 10 and 14 minutes of running time. Simple discussion questions are available with each DVD. Groups only check out one DVD at a time. 24 different topics available.

## ***Pursuing Spiritual Transformation Series (study booklets to work through - no video.)***

### **Fully Devoted, Living Each Day in Jesus' Name**

What does it mean to do everything "in Jesus' name"? Is that an ideal attainable only by a few "super Christians"--or is it a way of life we can all experience? The goal of "Fully Devoted: Living Each Day In Jesus' Name" is to help you define spiritual life and then live it as Jesus would. The first book in the Pursuing Spiritual Transformation series, it introduces you to "The Five Gs" - a framework which embraces five key areas of the Christian life. This tool will help diagnose your spiritual condition and then prescribe the practices, experiences, and relationships you need to make progress. Subsequent studies explore one "G" per guide. You do not need to do the other books in any particular order, but we do recommend you do this book first to lay a foundation.

### **Giving, Unlocking the Heart of Good Stewardship**

Jesus said more about money than just about any other topic. Clearly, it is an important issue - and a touchy one! Deep down, we know it is not a matter of what we earn but how we manage what we earn that shows our ultimate priorities. Giving demonstrates how good stewardship is more than a responsibility - it's an adventure. As you study the connection between your wallet and your heart, you'll learn how money management is a powerful tool for shaping your character. You'll discover how giving is as much a part of spiritual growth as prayer and Bible study. And you'll learn about the rewards of cultivating wise financial habits and a generous heart. Above all, you'll find out how a lifestyle of giving reflects the heart of God, who freely gives his best to you. 7 sessions included.

### **Gifts, the Joy of Serving God**

Gifted - that's you! Uniquely equipped to help build up the body of Christ. As a follower of Jesus, serving others is an integral part of your identity and an important key to your personal growth. But how do you cultivate a servant's heart and your spiritual gifts in ways that build up your church, your family, your friends, and your world - without wiping you out in the process? Gifts guides you to the answers. Through personal study and small group interaction, this study will help you develop a passion to be used by God. You'll find out about your unique place in the body of Christ and how to surmount the obstacles that keep you from thriving. You'll discover the joy of serving with others - doing together what you cannot do alone. And you'll learn how to abide in Christ, experiencing a freshness and vitality that grow as you give! 7 sessions included.

### **Grace, an Invitation to a Way of Life**

Many Christians have an easier time being saved by grace than they do living in grace every day. But grace is at the center of the life God calls us to--and reflects the heart of the One who calls. These studies in Grace will help you make the connection between grace as a remote biblical concept and grace as a lifestyle--a reality you experience day in, day out. Through an unfolding study of Psalm 23, you'll learn how God--our Good Shepherd--is for you, how he longs to walk with you through temptation, sorrow, and even deep regret. You'll discover God's desire to make his joy your joy. Throughout, you'll learn how enduring, powerful, and life-affirming God's work in your life can be--and rediscover why it's called amazing grace.

### **Groups, the Life-giving Power of Community**

Community is God's idea. Only in community can we know and be known, love and be loved, celebrate others and be celebrated by them. And only through close, transparent relationships can we be transformed as individuals. Groups invites you to enjoy the rewards--and embrace the risks--of community. Step by step, this study will challenge and encourage you to explore the amazing potential for growth found in authentic relationships. You'll study the true nature of friendship, the power of paying attention, the path to intimacy, the encouragement of being there for one another. You'll learn what it means to live out these and other simple but vital truths for being all you are, giving all you've got, and receiving all you need as a member of God's dynamic community, the church.

### **Growth, Training vs. Trying**

What would your life be like if Jesus lived it? Imagine the change you would experience in your thoughts, actions, and relationships. Think of the joy and freedom that could transform every area of your life. That's

exactly what God has in mind for you! You'll find out how in Growth. Through personal study and small group interaction, this study sets you on a path to live out the character of Jesus in this world as only you can. It happens not by trying hard, but by training. By cultivating spiritual disciplines--Scripture meditation, prayer, solitude, endurance, loving others--you'll discover the joy of being transformed by Christ and the freedom of living each day sustained by his power.

### ***The Bible Jesus Read***

The Old Testament is God's biography, the story of his passionate encounters with people. It is also a prequel to the story of Jesus, who came to answer the questions that troubled the ancient writers and still trouble us today. For expressing our deepest longings and voicing the full range of our lives and emotions, the Old Testament has no equal. Philip Yancey is your guide as you explore these sometimes shocking, often cryptic divine writings. During eight riveting, interactive group sessions, you will come to know God more intimately, anticipate Jesus more fervently, and find a wonderful, wise companion for your faith journey. This leader's guide gives you clear, step-by-step guidance for conducting eight interactive group sessions that will change your picture of the Old Testament forever. You'll find directions, an explanation of how each session is divided, page references to the participant's guide, charts, discussion questions, closing meditations, and everything else you need to make each hour-long session a productive and thoroughly rewarding experience. VHS – 8 sessions.

### ***The Life You've Always Wanted***

Pastor and author John Ortberg teaches participants how simple spiritual disciplines can help us move beyond superficial Christianity to a life of dedicated discipleship. Learn the skills essential to "running the marathon" in the Christian life: slowing down, celebrating joy, practicing prayer, studying Scripture, and trusting God. Six-session DVD with leader's guide and participant books.

### ***The Gods Aren't Angry !***

In an entertaining and engaging 90 minute talk, Pastor Rob Bell explores the origin of religion. Where did the first caveman or cave woman get the idea that somebody, somewhere existed who needed to be worshipped, appeased and followed. And how did the idea evolve that if you didn't say, do, or offer the right sacrifices, this being should be upset, agitated or even angry with you. This video can be divided into chapters and used over several sessions. Stimulating conversation is guaranteed to follow this presentation.

### ***Walk as Jesus Walked – Faith Lessons on Making Disciples***

Discover the passion of early Christians who followed in the footprints of the Messiah they loved with all their heart, all their soul, and all their might. In this 5 video session Teacher and historian, Ray Vander Laan takes participants to Asia Minor (present day Turkey) where disciples like Paul and Timothy traveled spreading the news of Jesus and bringing new disciples to follow Him. Includes leader guide. ( DVD)

### ***What's So Amazing About Grace?***

Grace is the church's great distinctive. It's the one thing the world cannot duplicate, and the one thing it craves above all else for only grace can bring hope and transformation to a jaded world. In *What's So Amazing About Grace?*, award-winning author Philip Yancey explores grace at street level. What is grace? If grace is God's love for the undeserving, then what does it look like in action? If Christians are its sole dispensers, how are we doing at lavishing grace on a world that knows far more of cruelty and unforgiveness than it does of mercy? In his most personal and provocative book ever, Yancey offers compelling, true portraits of grace's life-changing power. He searches for its presence in his own life and in the church. He challenges us to become living answers to a world that desperately wants to know *What's So Amazing About Grace?* 10 Video sessions with leader guide and participant guide.

***When God's People Pray***, Discover the Keys to Powerful Prayer *New!*

This six session series features teachings by Jim Cymbala, pastor of the Brooklyn Tabernacle for over twenty five years. Includes video interviews of ordinary people who have received extraordinary answers to their prayers and will help you pray with confidence. Has leader guide and participant guide along with DVD.

## **Resources for Women**

### ***Becoming a Woman of Grace, A Bible Study***

Filled with Scripture passages, questions for discussion and response, insights from the author's Cynthia Heald's own life, and inspiring quotes from Christian thinkers and writers, *Becoming a Woman of Grace* explores the many ways God's grace has already enriched your life and how you can know His grace more fully and then extend it to others. For both individual as well as small group use, and women of any age or family status. Eleven sessions on VHS with student books and facilitator's guide.

### ***Capture the Joy***

This study featuring Patsy Clairmont Barbara Johnson, Marilyn Meberg, and Luci Swindoll will help your group grow in love, joy, peace, and fellowship as you begin to turn a time of commitment into a lifestyle of growth. This is a complete resource kit for groups of all sizes that will allow participants to drill deeper into their faith, while at the same time developing community and fellowship. Includes VHS video, leader's guide, participant's guide, in 8 sessions.

### ***Conversation Peace, The Power of Transformed Speech***

Mary Kassian masterfully presents the biblical principles relating to conversation to help women revolutionize their speech habits and improve their relationships by focusing on ways to positively avoid sharing gossip, throwing negative barbs, or snapping sarcastic replies throughout everyday life. Includes Student book with leader guide and seven video sessions. (VHS)

### ***Falling in Love with Jesus***

Authors Dee Brestin and Kathy Troccoli introduce participants to the ultimate love relationship of all time: a relationship with Jesus Christ. Using humor, contemporary love songs, real-life stories, and solid Biblical teaching, Brestin and Troccoli help women discover a life-changing intimacy with Jesus. No matter your age or marital status, you are His bride, the object of His affection. The secret to an abundant life lies not in ten steps, but in developing a deep love relationship with Jesus, abandoning yourself to the greatest romance of your life! VHS videos for 10 sessions, with leaders guide and workbook. – Participants would benefit from completing homework between sessions.

### ***Organic God***

In our ever-changing world, simplicity is a craving. What if we could simplify our lives starting with our faith? Imagine what it would look like to have an organic relationship with God, one that is stripped of all pollutants, additives, and other distractions that can cloud this ultimate relationship. The *Organic God* removes the unhealthy fillers and purifies our relationship with the God of the Scriptures. A thought-provoking study by author, Margaret Feinberg, on what it means to simplify our lives by first starting with our faith. Six lessons include DVD teaching along with leader's guide and participant books.

### ***Reinventing Your Life With Grace***

Are you drowning in a sea of clutter? Too many demands and too many people wanting a piece of you? Now is your chance to Reinvent Your Life with Grace! Let Luci Swindoll, Thelma Wells, Marilyn Meberg, and Patsy Clairmont help you or your small group focus on the things that really matter in this four video and workbook study. Learn key life principles -- Passion, Praise, People and Purpose -- while these dynamic women help you Reinvent Your Life. Discover how to listen only to the voices that really matter: the voice of your heart (passion and purpose), the voices of those you love (people), and the most important voice of all, the voice of God (praise).

### ***Seven Ways to Build A Better You***

Sheri Rose Shepherd uses humor, heartwarming stories, and God's word to teach emotional, physical, relational, and spiritual excellence. In just seven weekly sessions, participants discover how to get out of the mindset of mediocrity and enter into a spirit of excellence. *The Seven Ways* series is fun, motivating, inspiring, and easy to apply to everyday life.

## **Resources on Marriage**

### ***Making Marriage Work***

On *Making Marriage Work*, twenty couples share their deepest struggles, conflicts and misconceptions about marriage. This four part video series includes Biblical and practical tips to cultivate a healthy and happy marriage.

Authors Drs. Les and Leslie Parrott have been counseling people about relationships for more than 15 years. INCLUDES: 4 DVDS, a 6-session Leader's Guide, and Workbooks.

## **Resources on Parenting**

### ***Essentials of Discipline***

For more than 60 years, so-called experts have offered permissive and unworkable advice to parents about child rearing. *Your Child*, through experts such as Dr. James Dobson along with interviews and animated vignettes, offers solid counsel and advice on how to effectively discipline children and lead them with confidence. Contents include: Welcome Discipline, Part I - Why Your Child Needs Discipline; Irresponsibility vs. Defiance; Anger vs. Action; Finding Balance in Discipline, Part II - To Spank or Not to Spank; Compliant vs. Defiant; Changing Discipline As Your Child Grows, Parts 1 and 2 The Strong Willed Child - Protecting the Spirit; The Strong Willed Adolescent Part 1 and 2; The Ultimate Priority. Includes 12 sessions, parent's Guide and Leader Guide.

### ***Parenting the Early Years***

A 6-session video Bible study curriculum by Drs. Les and Leslie Parrott for parents of young children. On this six DVD series cameras went into the homes of 20 families and captured real-life parenting moments. Some of these are funny moments and some are just completely honest moments that every parent can relate to. The study looks at what it's like for married, single and blended families. It works well in a Sunday morning class or small group study, a parenting seminar or even to send home with expecting parents or even grandparents who are finding themselves raising their grandkids (because we all know children don't come with instructions).

### ***Parenting Your Teenager***

Identity questions, emotional turmoil, rebellion. Welcome to the teenager's world. And if you're their

parent, you're already in that mix. It's a tough job, you know, and you've got to do it. Nowadays, you have to play counselor, cop, and crisis manager all rolled into one. Good parenting means using your head, your heart, and your faith. Parenting Your Teenager equips moms and dads to recognize common patterns, plan effective strategies, and build character. Perfect for a church class or seminar, the 4-DVD set (with six lesson plans) features relationship experts Les and Leslie Parrott. And, in 24 gut-level interviews, parents and teens talk openly about rebellion, conflict, pain, and identity. Plus, there's a candid chat with singer Steven Curtis Chapman about faith and family. 4 video series, 6 sessions include participant guide and leader's guide.

### ***Single Parenting that Works***

*Single Parenting that Works* is a 6-lesson study designed to encourage single parents to build healthy relationships with their ex-spouses and to raise their children to love and honor the Lord. This study will help parents understand that they are not alone in the challenges they face. Parents will find practical, biblically sound guidance on being loving, caring, and effective parents to their children. These six sessions focus on:

- Bringing stability to children by helping parents get their own lives in order
- Learning to forgive one's ex-spouse and opening the door to healthy relationships
- Relating to one's ex-spouse with grace and maturity instead of retaliation and bitterness
- Developing positive self-esteem in kids so they can gain a sense of confidence and belonging
- Teaching kids to be respectful, responsible, and resourceful through "reality discipline"
- Relating to your children according to their unique, God-given personalities.

Six sessions on DVD with leader guide and participant workbooks.

### **Ful Length Movies to Check Out (DVD)**

***Bonhoffer, Agent of Grace*** (90 minutes)\_

***Evan Almighty*** (90 minutes)

***Invisible Children, Discover the Unseen*** (60 minutes)

***Luther*** (2 hours)

***Narnia, the Lion, the Witch and the Wardrobe*** (90 minutes)

***The Nativity Story*** (105 minutes)

***The Ultimate Gift*** (117 minutes)